



International Light Association Conference 2009
6th Annual Meeting & Conference
Kea, Cyclades, Greece
September 21st -26th
Venue: Conference Room of Porto Kea Suites Hotel.



Bio:

Jacob Liberman, O.D., Ph.D., D.Sc.

Biographical Sketch - Dr. Jacob Liberman received a Doctorate of Optometry in 1973, a Ph.D. in Vision Science in 1986 and an honorary Doctorate of Science in 1996. He is the author of *Light: Medicine of the Future, Take Off Your Glasses and See* and *Wisdom From an Empty Mind*. Dr. Liberman has been published in numerous professional journals, interviewed on hundreds of radio and television shows and has addressed audiences worldwide. He is a fellow Emeritus of The American Academy of Optometry, College of Optometrists in Vision Development, College of Syntonic Optometry, and International Academy of Color Sciences. He is also the recipient of the H.R. Spittler Award for his contributions to the field of color therapy. In 2001 he invented the EYEPORT Vision Training System. The EYEPORT combines the therapeutic effects of colored light and vision training into the only patented, clinically proven and FDA cleared vision-training device available to the public.

Lecture title:

Light, Vision, and Consciousness

Unraveling the Mystery

We often speak of seeing the light. Yet light, cannot be seen. We use light for healing. But, what is light, why does light have the power to heal and what is the primal role of light in our lives? We say the eyes are the windows of the soul, but what does that mean? What is the purpose of the eye? We speak of becoming more conscious and aware, but what is consciousness and who or what is aware? Are we looking for life, or is life looking for us? Let us begin unraveling the mystery of light, vision & consciousness.



**ILA President Alexander Wunsch,
Physician, Cranio-Sacral therapist, Inventor, Vibrational Medicine therapist**

Address:

Bergheimer Strasse 116
D-69115 Heidelberg
Germany
Email: wunschart@googlemail.com

Bio:

Alexander Wunsch is an expert in vibrational medicine and photobiology. In his private medical practice in Heidelberg, Germany, he uses the Spectro-Chrome method in combination with electromagnetic fields, body sound application, Cranio-Sacral bodywork and Lüscher Color Diagnostic. He does research in the field of light effects on cellular levels and developed a number of devices for vibrational medicine, chromotherapy and electromagnetic environment testing. Alexander Wunsch holds a lectureship for "Health and Light" at the University of Technology, Business and Design in Wismar, Germany

Lecture title:

Heliotherapy in Ancient Greece and Today

Recent findings in the field of human photobiology reinforce the knowledge of ancient cultures: the SUN is the greatest healer. This lecture takes you on a journey through the ages, always with a close look upon the relationship between man and sunlight, closing with the up-to-date recommendations how to meet the healing light for cure and prevention.



Bio:
Doris Wunsch

Doris Wunsch is a health trainer and approved teacher for the F. M. Alexander-Technique. She is also a Cranio-Sacral therapist and combines these methods with chromotherapy and body sound application. Doris studied the Lüscher Color Diagnostic at Prof. Max Lüscher in Lucerne, Switzerland. Together with her husband, Alexander Wunsch, she has been promoting the therapy with light and color for more than 15 years.

Address:

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Bio:
Wilma Guldenaar

Wilma Guldenaar (1956) is a therapist combining Samassati Colored Light with Rebalancing Techniques.

Her light addiction is contagious. She likes to help people by showing them their internal light switch

Wilma's practice and facility is in Holland and can be reached at 0031 181 629 049 (phone) or via

wilma@garden-of-light.info

Lecture title:

Morning Color-Meditation

“Experience light therapy in the way of the old Egyptians combined with breathing, yoga and meditation. Tune in on the beach - each conference day starts at 8.00 with a different color setting. A cotton based photon experience brought to you by two light junkies from Germany and Holland.”



Bio:

Brian Breiling, Psy.D.,

Brian Breiling, Psy.D., is a founding member of the ILA. He is a body-oriented psychotherapist who for the last 23 years has used visible light through the eyes and on the body in his practice in Nevada City, California. Brian brings a unique Eastern and Western understanding of the uses of spectral light by integrating his experience in Clinical and Educational Psychology, Ayurveda and Subtle Energy Healing. He is the editor of *Light Years Ahead: The Illustrated Guide To Full Spectrum and Colored Light in Mindbody Healing*

Lecture title:

History of Light and Color Therapy

Lighting The Way Ahead: Ancient and Modern Pioneers in Light and Colour Therapies. Since the dawn of human history, civilizations from around the planet have had a deep fascination with the healing powers of Sunlight. From ancient sun temples and solar observatories to the earliest traditional medical practices in both the East and West, light played a central role in religion and the healing arts. Likewise, thousands of years later, at the inception of Modern Medicine, Sunlight and artificial light therapies were routinely used in nearly every specialty of practice.

Brian will take us on an entertaining visual journey highlighting the therapeutic breakthroughs made by historic pioneers who used Light and Colour through the eyes or on the body in medicine, optometry, psychology, chiropractic, education and subtle energy healing. Finally we will celebrate our modern day pioneers, key ILA members, who practice and teach at today's leading edge of Light and Colour therapies. There is a bright future ahead as more light therapists begin to realize the immense transformational potential of light and consciousness on all levels of our being.



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Lecture title:

Spectro Chrome

Spectro-Chrome is a systemic color therapy which has been developed 112 years ago by the Indian physician and researcher, Dinshah P. Ghadiali (1873-1966). It is based on the mostly extensive direct irradiation of the skin with colored light. As the color information is distributed via the blood and the lymphatic circulation systems in the whole organism, it does not act only through eyes and brain, but rather directly on all cells of the body. Since an average human has about 12 kilograms of skin, the skin is one of the largest organs of the body and thus an ideal and effective interface to transfer the therapeutic effects of the colors to the organism. In the body and in the cells, the colors act via resonance phenomena on the activity of the biophotons. Biophotons are light quanta, which are constantly produced within the body cells by the DNA and which can be identified with special measuring devices.

The Spectro-Chrome color circle developed by Dinshah comprises 12 different therapeutical colors, which can be divided into three subgroups: "warm" infra-green colors for the treatment of chronic diseases, "cooling" ultra-green colors to treat acute diseases and circulatory colors, which are used in the case of impairments of heart, circulation and kidneys. The most important role is played by green, which is used for regulation, harmonization and prophylaxis of the physical level and by magenta for harmonizing the non-physical and emotional levels. In addition, green shows a distinct antibacterial, antimycotic and antiviral effect.

The systemic color therapy (chromotherapy) can help in the following cases:

- chronic diseases like diabetes, high blood pressure, bronchitis
- acute and chronic diseases of the skin, burn injuries
- asthma, allergies and lowered resistance of the immune system
- cardiovascular diseases
- neurovegetative and psychovegetative disturbances, stress, sleep disturbance
- adjuvant in the case of tumors, side effects of radiotherapy and chemotherapy

Keywords

Colour therapy, Spectro-Chrome treatment, biophotons, resonance phenomena.



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Lecture title:

Color Physics and Physiology

Color emerges from the interaction between electromagnetic waves and physical bodies. Matter communicates via colored light and exchanges energy as well as information. This principle can be found on each level of creation, from anorganic atomical structures up to complex biological organisms. This lecture sheds a light on basic principles of pigments, absorption and emission of colored light and physiological effects of radiation on the human organism.



Bio:

Larry B. Wallace, O.D., Ph.D.

Color Therapies for the treatment of Learning Problems

Larry B. Wallace O.D., President CSO, is a member of COVD, NORA, OEP, CSO, AOA, and the Academy of Preventive Medicine. Dr. Wallace is the inventor of the Electrostim Device, a bioelectronic device for treating macular degeneration and other retinal diseases, which underwent field investigation throughout the United States. Dr Wallace's patent is now in use by Scyfix, a biomedical company, which is now completing FDA Trials for the treatment of retinal disease using microcurrent therapy. Dr. Wallace organizes workshops, lectures around the world, and publishes articles on vision therapy, syntonics (phototherapy), and preventive vision care.

Dr. Larry B. Wallace

Optometrist

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Lecture title:

Color Treatment of Learning Problems

This presentation will examine the various forms of color therapy used today to treat learning and reading problems. An overview of diagnostic approaches will be covered as well as treatment modalities employed to remediate these conditions. This will include colored overlays, Irlen Lenses, Colorimetry and the prescribing of tinted lenses, Syntonic phototherapy, the use of blue light to effect the magno-parvo processing systems, color puncture, neuro-entrainment, and environmental designs of color and lighting from the works of Steiner and Birren.



Bio:

Donald L. Barniske, O.D.

Dr. Barniske's interest in Dyslexia began in 1972 while studying about visually related learning problems. His professors were Drs. Griffin and Walton who developed the Dyslexia Determination Test.

In 1973 he researched color visual fields in children with visual learning problems and has been involved in vision performance enhancement since 1974. He uses Syntonic phototherapy and orthoptics in his private practice to improve visual function with children and adults. His practice includes treatment of eye diseases.

He is a consultant to the California Department of Rehabilitation for visual rehabilitation and provides lectures locally to educators, school nurses, and psychologists about Dyslexia.

Lecture title:

Dyslexia

Introduction

- Non specific reading dysfunction
- General comments about Dyslexia

Definition

- History and definition of Dyslexia

Types of Dyslexia

- Motor
- Auditory
- Visual
- Combinations

Prevalence of Dyslexia

- Classroom
- Special classes
- Adult

Dyslexia Determination Testing

- How dyslexia is classified

Examples of Responses of Testing

- Presentation of Responses of different types of dyslexia

Types of Therapy

- Approach to helping dyslexics

Prevention

- Early identification and recommendations



Bio:

Truls Isaksen, Rektor/Principal, “Medisinfagskole”

Internet-based Pre-med School for Students of Alternative Medicine and/or Therapies.

Truls Isaksen, Rektor/Principal of "Medisinfagskolen", has studied Biology, Physics and Chemistry. He has been teaching Pre-med courses for more than 10 years.

"Medisinfagskolen" is Norway's largest school of its kind with over 400 students. They offer courses in Pre-med, Natural Medicine and Nutrition.

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Lecture title:

Working Module for Education of Light Therapists



Bio:

Liesbeth Huybrechts, Linguist

Liesbeth Huybrechts is a linguist, psychologist, language instructor, and trainer. She specializes in training corporate staff. After many years of experience as a language trainer and trainer of trainers in schools and higher institutes of learning, she founded her own company in 1982. She educates linguists: university professors, degree professionals, school teachers, and corporate employees. Services provided are training, coaching and consulting in Business Communication, H.R.M. skills, and Instructional Technology. She trains trainers by improving their didactic skills, psychological insights, and organizational skills. She is the creator of the AIM-method™ (Ambassade Integrative Method™). AIM is based on research into the functioning of the Brain and Central Nervous System. Light is utilized to facilitate the learning process.

Lecture title:

Holistic Learning

The term “holistic learning and teaching” is being defined as

- Utilization of the whole **person**, ‘Brain & Body’
- Utilization of multiple **tools** to support learning
- Utilization of multiple **methods** to guide learning activities
- Addressing multiple **learning profiles**

The learning process takes place not only in the brain but also in the whole body. Brain and body are inseparably linked when it comes to learning.

The senses access cues for learning. Scientifically the more the senses are involved in learning the better we access, store, recall and utilize incoming information.

Utilization of light through the eyes is one of the supporting tools in learning. Different learning principles based on brain mechanisms will be presented

Lifelong Learning has become a joy forever!

Liesbeth Huybrechts

Founder Ambassade Communication Solutions BVBA

Creator of the AIM-Method™ (Ambassade Integrative Method™)



Bio:

Lyn Doole,

Samassati Light Therapist,

Lyn Doole's background in English language teaching has taken her to different countries and cultures. This has led to an immersion into systems of wellness and a deep interest in energy medicine. She has qualified as a Samasatti Light Therapist and currently runs her own practice and organizes courses in Colored Light Therapy out of Willunga, South Australia.

Lecture title:

Colourful Language

Do all languages have equivalent colour terms and is colour symbolism shared across cultures? Would you wear green to get married, or go to your grave in grey? Is there a biological basis for cross-cultural metaphor? Does colour converse with DNA, or DNA talk in tones, and if so, what is the dialect? Can a colour be copyrighted? Who owns orange? These are some of the questions to be addressed in this presentation.



Bio:

Prof. Mag. Karl A. Fischer

Designer, Scientist

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Lecture title:

**Our old pictures of Colours and Light: Archetypes,
Psychology and Design of Colour in 20th and 21st Centuries, and the Basic
Effects on our Autonomic Nervous System.**

Thousands of years ago we were exposed to nature's real light and colours, in a tropical environment, with all its warmth and brightness, with balanced chronobiological rhythms and without seasonal darkness in winter times.

So coloured light and coloured objects in our living space make their unconscious impressions on our mental experience.

There is a close connection between physical reactions and emotional feeling. Famous colour psychologists in the 20th century, such as Dr. Heinrich Frieling, Dr. Max Lüscher, and in former times Rudolf Steiner or J W Goethe, were the great explorers of our colourful inner life.

We all carry with us individual colour scales, which can be investigated by psychological colour tests. And later it became usual to operate such tests in the sphere of wellness and spa, especially as a preparation for energetic treatments.

But it's important also to follow the "Law of Colour" in all areas of our life.

Especially in a time of rational and hard-edged architecture we should appreciate the forces of colour in a holistic manner.

So it's shown how harmonious interiors are determined by these fascinating archetypical pictures like fire, weightless blue, golden metal or the violet of darkness.



Bio:

Karl Ryberg

Psychologist, Architect, and Color Therapist

Inventor of Monochrome Dome

Karl received university degrees both as an architect and as a psychologist. His work and research eventually came to focus on how human beings are affected by light and colour. He has studied light therapy with Ronald Beesley at the College of Psychotherapeutics in England, and laser biology with Professor Tina Karu at the Russian Academy of Sciences in Moscow. Therapy with blind patients made him study and practice the invisible art of perfumery.

In Stockholm he runs a professional light institute where visitors and students are instructed in colour therapy. For 25 years, patients have been visiting the laboratory to receive treatments with coloured light. For this purpose he constructed powerful holographic light projectors with laser like properties. His Monocrom light domes have been exported to England, Norway, Denmark, Switzerland, Austria, Germany, France, Spain, Australia, USA, South Africa, Malaysia and the Maldives.

He also gives training lectures in colour psychology at schools, hospitals, industries and business companies. He has given colour seminars in Norway, Denmark, Finland, England, Ireland, Germany, Switzerland, Russia, USA and Australia. Plus numerous appearances in Swedish radio, television, newspapers and magazines.

He has collected an extensive research library at the Monocrom Institute and written three books on light therapy and colour design - published in Swedish, German, Dutch and Estonian editions.

Lecture title:

**Monochromatic Light Therapy,
Super Colours of the Future**

These colours are sparkling in strength like butterflies or scarabs due to the fact that they are absolutely pure without any secondary additions. They are technically speaking monochromatic or one-coloured – a key property they have in common with laser light. Being exact carriers of information they have very pronounced therapeutic qualities and herein lie the main advantages of modern colour treatments.

In Sweden we have now constructed dome shaped light projectors that can isolate any range of the visible colour spectrum with a high degree of resolution. The result is a stunningly beautiful light show which furthermore has the capacity to balance the organism on many interdependent levels. The visual and emotional impact of full range monochromatic light can only be felt by firsthand experience.

The Ganzfeld effect inside the spherical dome will make the proportions seem infinite. Removal of all visual clues creates a truly neutral cyber space as a background for the super colours. Most planetariums are constructed on the same principle and you are actually placed inside a giant replica of your own eye.

Monochromatic colour stimulation provides an excellent antidote to the stress inducing pace of modern professional life. For all those who want to experience the soothing joys of deep relaxation coupled with copious visual extravaganza. Irradiation with super specific light proves a most efficient method for advanced educational purposes and extraordinary personal achievements.

This is a unique breakthrough in colour treatment and we now present this new technique to foreign students and practitioners. With the modern equipment offered you can give selective colour stimulation with a precision and rapidity unknown in traditional light therapy.

Our workshop gives instructions both in classical and modern light treatments. We will focus on the therapeutic use of light and colour and give short sessions to all participants. If you prefer to study on your own our website contains a rich list of reference literature. Please visit us at www.monocrom.se



Bio:

Anadi Martel:

After acquiring a solid scientific training in Physics, Anadi A. Martel went on to live in an ashram in India for a few years. Since then, he has been applying his intimate knowledge of electronics to the development of instruments working in novel ways with sound, light, and brainwaves. His work has led to patents in the field of Light Modulation and in LED-based design. When not earning his living as a hi-tech design consultant for various international companies, he can mostly be found in his laboratory in the Canadian forest, working to refine the Sensora, a multi-sensorial environment combining many of his inventions. He is president of Sensortech Inc. (www.sensora.com), a small R&D company, and can be contacted at info@sensora.com

Bio:

Ma Premo:

Ma Premo is a well respected psychotherapist, leading workshops on counseling and Shamanism in many countries around the world. Currently living in Canada, she is the author of a book on Tantra and the co-creator of the Sensora multi-sensorial environment

Lecture title:

Exploring Light Modulation:

This experiential presentation proposes a direct exploration of the effects of the “Light Modulation” process. We will focus on a few light patterns combining specific colors and pulsation frequencies, taking the time to fully absorb each of them. The presentation will provide a framework conducive to enhancing our own sensitivity, with the purpose of gaining a better understanding of the different psycho-physiological qualities of these patterns, and how they relate to universal vibrational phenomena surrounding us. The unique light patterns will be generated through the latest version of the Sensora light modulation generator, which uses arrays of low frequency oscillators to create exquisitely beautiful color projections embedding precise frequency information.



Bio:

Jan van der Est (1956) is a Samassati Colored Light Therapist and with his wife Wilma Guldenaar founder of the European Institute for Light Therapy.

Originally a body worker Jan uses colorlight on the energy portals of the body-mind system. He teaches the basic and therapist modules of Samassati Colored Light Therapy in both Dutch and English.

Jan operates from his practice facility in Holland and can be reached at 0031 181 628 992 (phone) or via jan@garden-of-light.info

Lecture title:

Tissue Regeneration with Colored Light

I am in the middle of a promising trial in which I am applying grey and green to treat skin cancer. I have completed 3 successful treatments and will start treating a 4th client tomorrow.

This time I will make pictures to illustrate what happens.

In Australia we (a local Samassati Color light Therapist supported by us) treated a little baby with necrotic fingertips and managed to regenerate them.

We did this without using grey (the baby had enough stem cells!).

In Australia I met the parents (and little Mason) last February and got permission to use their case (with pictures!).

Tissue regeneration with colored light

To be able to regenerate body tissue the availability of sufficient stem cells and the intelligence (blueprint) as present during the gestation period in the womb (regenerative intelligence) is needed.

The presentation is about the use of color light to meet these conditions. Cases will be presented to show the results.



Bio:

Grete Rynning,
Kommunikolog
Lysterapeut MNFL
Cand.mag , Sosionom

Grete graduated as a Social Worker and she has additional education in Group Method, Light Stimulation and a Diploma in Communicology.

She works as a Coach with focus on resources, possibilities and mastering.

She wants with her education and experience, to contribute to positive processes of change.

By raising consciousness and strengthening inner resources, convictions and intentions, each person can take new steps on the path to their goals.

In addition to conversation/communication, Grete uses Light-stimulation (colored and white light) as a tool. Light-stimulation strengthens and reinforces the positive process."

grete@novohelse.no

Bio:

Kjellfrid Engen

"Kjellfrid has a degree in Teaching as well as Special Education, Vision Education, and Guidance and Counseling. She has been working with light since the year 2000. She is responsible for Special Education for Røyken Steiner Highschool in Norway. She administers Light Therapy to any students who need and/or ask for it."

Lecture title:

Controlled Study in Norway for Dyslexia: "Lese- og skriveglede"

The project: "Joy in Reading and Writing", in the Fall 2007, involved 10 children ages 9 to 11, and their parents.

Intention of the project:

We wanted to obtain a measurable reading and writing improvement based on accepted school tests. From experience we knew that each one of the three main elements in the project could improve a child's skills in reading and writing. Our hypothesis was that in combination, they would give a synergetic effect.

The project's three main-elements

Nutrition

Coloured light-stimulation

Physical activities

Results

The average improvement in words read per minute was 36,6% after 5 weeks. (The results varied from 0 to 85% improvement.)

In addition to this, children and their parents reported other positive results like improvement in English, Math and Sport, as well as better sleep.



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Lecture title:

The EYEPART Vision Training System, as a technology

In 2001 Dr. Liberman invented the EYEPART Vision Training System. The EYEPART Integrates light, vision and consciousness into the only patented, clinically proven and FDA cleared vision-training device available to the public. This presentation will discuss the following:

- An overview of the body's primal rhythm and the biological effects of light
 - The body's primal rhythm & its relationship to optimal performance
 - A general overview of the dual effects of ocular light perception
 - The effect of alternating red and blue light on the body's primal rhythm, Autonomic Nervous System and Accommodative-Convergence System
- Combining vision training, phototherapy and awareness to improve performance
 - The role of breath, flow & awareness in achieving our maximum potential
 - Unlocking your visual potential by re-experiencing seeing without effort
 - Using subliminal processes to activate positive neuro-plastic changes
 - Clinical results & FDA clearance



Bio:

Denise Hadden, O.D.

For 30yrs Denise has explored and questioned the standard beliefs and practices of how to treat vision. Her journey in understanding how we see, led her to study Chinese Medicine and Counseling and to use vision exercises and colored light as tools in the process of discovering a new way of seeing. Her current area of interest and research is in her pioneering work using iridology analysis in the understanding of our fields of awareness. Denise has expanded her studies to Coaching and has found that the profound awareness's often experienced during coaching processes correlate strongly with our ability to see peripherally.

She is currently in private practice in Cape Town, South Africa.

Denise Hadden

Optometrist, Visual Coach

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Lecture title:

'New Light on Fields'

Colour visual fields have been researched for almost a century, yet we are only now discovering the information that is hidden within them. Exploring the patterns revealed during clinical research has revealed a variety of methods that can be used to analyze their meaning. Using iridology, perceptual analysis and theories of the unconscious mind, Denise has developed a method of analyzing our fields of awareness that adds meaning to our lives.

"A New Light on Fields" presents a more informed understanding of the architecture of your visual awareness and how the shape of it guides you through your life.



Bio:

Theresa Sundt:

Theresa, born in Greece, lives in London, is a teacher, an artist, color therapist (has studied and worked with Theo Gimble), and is a colored-light therapist. She is professionally involved with lecturing internationally (Europe, Russia, and USA) on “Color Awareness”, for the corporate world, schools and holistic practices.

Colour Discovery explores the nature of colour through science, art and research, focusing deeply on ways in which colour can heal us and improve our lives. Theresa spreads colour knowledge through a variety of courses and events, seeking to develop the use of colour as one of the best tools for self-awareness and well being.

She works closely with Zepter AG promoting Bioptron Light Therapy in Central Europe and Russia. She regularly trains teachers and parents in the art of colour therapy in the USA.

Lecture title:

Living with the rainbow:

The importance of colour on our personalities, relationships and everyday life.